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Martin Cake

Michelle L. McArthur

Caroline F. Mansfield

The University of Notre Dame Australia, caroline.mansfield1@nd.edu.au

Sanaa Zaki

Kira Carbonneau

See next page for additional authors

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Authors

Martin Cake, Michelle L. McArthur, Caroline F. Mansfield, Sanaa Zaki, Kira Carbonneau, and Susan M. Matthew

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Challenging identity: Development of a measure of veterinary career motivations

Martin A. Cake*, Michelle L. McArthur, Caroline F. Mansfield, Sanaa Zaki, Kira Carbonneau, Susan M. Matthew.

*CORRESPONDING AUTHOR: M.Cake@murdoch.edu.au; Ph: +61 8 9360 2175
College of Veterinary Medicine, Veterinary and Biomedical Sciences, Murdoch University,
South St, Murdoch WA 6150, Australia.
orcid.org/0000-0002-0072-9024

AUTHOR INFORMATION

Martin A. Cake, BSc, BVMS, PhD, is an Associate Professor teaching anatomy and professional life skills in the School of Veterinary Medicine, Murdoch University, Murdoch, WA 6050 Australia. E-mail: mcake@murdoch.edu.au. His current research interests include employability and resilience in the veterinary context.

Michelle L. McArthur, BA(Psych) Hons, DClinPsych is a Senior Lecturer in the School of Animal and Veterinary Sciences, University of Adelaide, Roseworthy, SA 5371 Australia. E-mail: michelle.mcarthur@adelaide.edu.au. Her research interests include communication in veterinary medicine, human-animal relationships and veterinary professionals' mental health and wellbeing.

Caroline F. Mansfield, BA, Dip Ed, M Ed, PhD, is Professor and Dean in the School of Education, University of Notre Dame, Fremantle, WA 6160 Australia. E-mail: caroline.mansfield1@nd.edu.au. Her research broadly focuses on teachers and students in learning contexts with particular focus on resilience, motivation, emotion and efficacy.

Sanaa Zaki, BVSc (Hons), PhD, GradCertEdStud (Higher Ed), MANZCVSc, is a Senior Lecturer in the Sydney School of Veterinary Science, University of Sydney, NSW 2006 Australia. Email: sanaa.zaki@sydney.edu.au. Sanaa coordinates the Veterinary Professional Practice Program and is the Academic Advisor for DVM Admissions. Her research interests include veterinary education, resilience, and chronic pain.

Kira Carbonneau M Ed, PhD, is an Assistant Professor of Educational Psychology in the College of Education at Washington State University, Pullman, WA 99164 USA. E-mail: kira.carbonneau@wsu.edu. Her research interests broadly focus on instructional strategies for early and novice learners.

Susan M. Matthew, BSc(Vet), BVSc, PhD, GradCertEdStud(HigherEd), is Associate Professor and Associate Chair of Veterinary Medical Education in the College of Veterinary Medicine, Washington State University, Pullman, WA 99164 USA. E-mail: susan.matthew@wsu.edu. Her research interests include the factors influencing veterinary professional practice, employability and career success.

1 Challenging identity: development of a measure of veterinary 2 career motivations

3 4 **ABSTRACT**

5 6 **Background**

7 While little is known about the motivations underpinning veterinary work, previous
8 literature has suggested that the main influences on veterinary career choice are
9 early/formative exposure to animals or veterinary role models. The aim of this study
10 was to develop and provisionally validate a veterinary career motivations
11 questionnaire to assess the strength of various types of career motivations in
12 graduating and experienced veterinarians.

13 **Methods**

14 A cross-sectional sample of experienced veterinarians ($N=305$) and a smaller cohort
15 of newly-graduated veterinarians ($N=53$) were surveyed online using a long-form
16 questionnaire. Exploratory factor analysis (EFA) was used to iteratively derive a final,
17 short-form questionnaire for survey of a second cross-sectional sample of
18 experienced veterinarians ($N=751$).

19 **Results**

20 EFA derived a final questionnaire with 22 items loading onto six factors (*social*
21 *purpose, animal orientation, vocational identity, challenge and learning, career*
22 *affordances, and people orientation*). While motivations based in *animal orientation*
23 were predictably strong, those based in *vocational identity* were not universal and
24 were weaker in younger and graduate veterinarians; both of these motivations were
25 rated lower by males. Motivations based in *challenge and learning* emerged as some
26 of the strongest, most universal and most influential; *people orientation* and *social*
27 *purpose* were also important, particularly for older veterinarians.

28 **Conclusion**

29 The major motivations for pursuing a veterinary career may best be represented as
30 an intrinsic passion for animal care and for learning through solving varied
31 challenges. These motivations are largely intrinsically oriented and autonomously
32 regulated, thus likely to be supportive of work satisfaction and wellbeing.

33
34

35 INTRODUCTION

36

37 What motivates people to become veterinarians, and what provides ongoing motivation for
38 veterinarians in their work? While it might be assumed that the barrier of highly competitive
39 selection implies strong career motivations in incoming veterinary students, little is known
40 about the nature of these motivations and how they evolve across the transition to work, or
41 across the career lifespan. Several propositions are clearly flagged in the literature: that
42 people decide to become veterinarians at an early age,¹⁻⁶ and that this decision is typically
43 influenced by formative exposure to animals^{1-4,7} or veterinary role models.^{4,5,7,8} However
44 these factors describe more the *narrative* of initial career choice, than the ongoing or future
45 motivations that veterinarians might seek in their work. By contrast, an exploratory
46 qualitative study of the career motivations stated by graduating Australian veterinary
47 students⁹ found that statements of early vocational identity were not prominent. Rather,
48 graduates stated a broad range of reasons for becoming a veterinarian in addition to animal-
49 oriented identity, including themes such as love of learning, challenge and problem-solving,
50 variety, social relatedness, helping people, social contribution, and career opportunity. An
51 interview-based qualitative study in the UK found similar themes of intrinsic interest in
52 scientific problem-solving, and navigating belongingness.⁶

53

54 Some data suggest gender differences in veterinary career motivations, which are of interest
55 given the strong gender bias in those entering the profession.^{3,5,10} In Heath's longitudinal
56 studies, female students reported deciding to enter veterinary science earlier, and were
57 more influenced by 'love of animals' and 'interest as a child in living things' relative to males,
58 who were more influenced by income.¹⁰ Ilgen *et al.*⁷ found in the US that females were
59 more likely to report being attracted to the career by the experience of owning a pet and
60 the opportunity to care for animals, while men were more likely to be attracted by career
61 status or "the rigour of the educational environment".^(p. 1590) Similarly in UK veterinary
62 students, females were more likely to confirm 'owning an animal', 'something I always
63 wanted to do' and 'visited a vet with a sick animal' as reasons for choosing a veterinary
64 career, while males were more likely to indicate 'hardest course to get into', 'to join a
65 profession' and 'want to train as a scientist'.¹¹ In a French study, Sans *et al.*⁵ found the
66 themes of 'passion', 'vocation/dream job', 'varied job', 'animal welfare', and 'liking animals'
67 were more frequently cited by female students, while males were more likely to state 'high
68 income' or 'well-thought-of job'. Female veterinary students have been shown to have

69 greater concerns for animal welfare than males,^{2,10} and similar bias towards animal welfare
70 has been shown in the context of analgesia provision by female veterinarians.^{12,13}

71

72 While most of these studies have approached veterinary career motivations in the context
73 of college admissions and future workforce planning, motivation influences a wide range of
74 important outcomes including work performance, engagement, learning, and job
75 satisfaction. A small but consistent body of evidence shows that veterinarians find job
76 satisfaction from intellectual challenge and learning, from client and colleague relationships,
77 and from 'making a difference' through helping animals, people, and society.¹⁴⁻¹⁶ Motivation
78 is also a central factor in veterinarian resilience and wellbeing.^{9,17} One major theoretical
79 framework linking motivation and wellbeing is Self-Determination Theory (SDT),¹⁸ which
80 concerns the quality, rather than the quantity, of the motivations underpinning behavioural
81 choices, particularly the degree to which these are self-regulated and autonomous. SDT
82 broadly divides motivations into those that are *intrinsic* (inherently rewarding) versus those
83 that are *extrinsic* (for attainment of an external goal or reward separable from the activity
84 itself). These can be further subdivided into a continuum in which extrinsic motivations are
85 categorised by the degree to which they are internalised, and thus supportive of
86 fundamental psychological needs for competence, relatedness, and autonomy. Motivations
87 closer to the intrinsic/autonomous end of the SDT continuum have been associated with
88 positive psychological consequences.¹⁸ In the context of medical education, the Academic
89 Motivation Scale (AMS) builds on SDT by further subdividing intrinsic motivations according
90 to their alignment with the needs to *know*, to *accomplish*, or to experience *stimulation*.¹⁹
91 This scale has itself been adapted and validated for veterinary education by Vandeweerd *et*
92 *al.*²⁰ as the 'Veterinary Motivation Test'. Cake *et al.*⁹ similarly found that SDT and the AMS
93 formed a useful explanatory framework for typifying the career motivations stated by
94 graduating veterinary students.

95

96 Notwithstanding the consistency of the above evidence, this study was designed to address
97 several knowledge gaps around veterinary career motivations. Most studies of motivation
98 have sampled undergraduates, rather than working veterinarians, and have discussed the
99 likelihood that regardless of a person's initial motivations for entering veterinary science,
100 these may change across their career.^{1,3,5-7,9} This leaves open questions around whether
101 patterns of career motivations are similar between veterinary students and experienced
102 veterinarians, and thus by inference how these change over time or with increasing work

103 experience. Comparison of motivation between populations or over time ideally requires a
104 career motivation questionnaire that has been designed and validated for veterinary
105 contexts. The structure and wording of the 'Veterinary Motivation Test' developed and
106 validated by Vandeweerd *et al.*²⁰ render it principally suitable for student contexts.
107 Accordingly, the aims of this study were to develop and pilot a veterinary career motivations
108 questionnaire, and apply this to assess the strength of various types of career motivations in
109 graduating and experienced veterinarians. In order to establish construct validity, the
110 sensitivity of the instrument to predicted gender effects was tested, as well as the
111 relationship between career motivations and basic demographics including age and type of
112 practice.

113

114

115 **METHODS**

116

117 **Sampling**

118 Three survey samples were collected independently, two within a broader study of
119 veterinarian resilience conducted as part of the VetSet2Go project (www.vetset2go.edu.au).
120 Briefly, a cross-sectional sample of experienced veterinarians in 2016 (survey 1) and a
121 smaller cohort of newly-graduated veterinarians in 2016 (survey 2) were surveyed using a
122 long-form questionnaire; exploratory factor analysis (EFA) and iterative item reduction was
123 then used to derive a short-form questionnaire for survey of another large, cross-sectional
124 sample of experienced veterinarians in 2017 (survey 3). All surveys were administered online
125 using SurveyMonkey (www.surveymonkey.com). Recruitment for the first sample was by an
126 invitation appended to another survey related to employability, which was distributed
127 through veterinary journals and organisations in Australia, New Zealand, the UK and parts of
128 the USA. New graduate veterinarians (survey 2) were recruited at the point of graduation,
129 from the 2016 cohort of graduating students at five Australian veterinary schools (University
130 of Adelaide, University of Sydney, University of Melbourne, Murdoch University, and James
131 Cook University) by emailed invitations distributed via internal university mailing lists
132 immediately after the final examinations. The short-form questionnaire (survey 3) was
133 included in a longer survey for a study of resilience in veterinarians. An email invitation to
134 join the study was distributed via professional groups including Australian state veterinary
135 registration boards, the Australian Veterinary Association, and the VetSet2go project. The
136 survey was available during August-November 2017 for a period of 3 months. This study was

137 approved by the University of Adelaide Human Research Ethics Committee (H-2015-257, H-
138 2016-206, H-2017-073) and all participants consented to use of their anonymised responses
139 for this purpose.

140

141 **Questionnaire**

142 Initial questionnaire development was based on the exploratory study of Cake *et al.*,⁹ which
143 captured the range of career motivations stated by graduating veterinarians using a free-
144 response Ten Statements Test,²¹ and coded these into themes mapped against major
145 motivational theories including SDT and expectancy-value theory. This precursor study
146 effectively established the conceptual framework, and face and content validity for the
147 questionnaire developed in the present study. The Factors Influencing Teaching Choice (FIT-
148 Choice) questionnaire developed for teacher education²² provided an additional framework
149 for item development.

150

151 Based primarily on participant's free-choice responses in Cake *et al.*,⁹ the long-form iteration
152 of the questionnaire included 71 items under the stem question '*I am motivated to be a*
153 *veterinarian because...*', rated by a five-point Likert scale for their importance to the
154 respondent's motivation to be a veterinarian (1: not at all like me, 2: rarely like me, 3:
155 sometimes like me, 4: often like me, 5: very much like me). Items were selected to test a
156 wide range of hypothesised motivation factors based on Cake *et al.*⁹ and Watt &
157 Richardson's²² FIT-Choice framework, including prior experiences, self-beliefs (e.g., ability
158 beliefs), intrinsic value, task demand, task return, and 'fallback career'. In order to test
159 convergent validity in the absence of suitable validated comparison measures, four items
160 were added to provide global measures for motivation ('*My work as a veterinarian is*
161 *motivating*'; '*I am motivated to remain a veterinarian*') and career satisfaction ('*I am very*
162 *satisfied with my choice of becoming a veterinarian*'; '*Working as a veterinarian gives me*
163 *great satisfaction*').

164

165 **Analysis**

166 Data were analysed using SPSS Statistics (v. 24.0, IBM). Normality of data was confirmed
167 from histogram shape, Q-Q plots, skewness and kurtosis as well as Kolmogorov-Smirnov and
168 Shapiro-Wilk tests. In order to reduce the length of the questionnaire and distil its
169 component structure, EFA was performed using principal axis factoring with oblique rotation
170 (oblimin with Kaiser normalisation). Items were removed in a iterative procedure to

171 stepwise eliminate items with weak loading (less than 0.4), generalised loading onto
172 multiple factors, or poor fit to other items in emergent factors (*i.e.*, poor content validity and
173 interpretability).^{23,24} Sampling adequacy was assessed using the Kaiser-Meyer-Olkin test and
174 Bartlett's test of sphericity. Validity of factors was established from scree plot (Cattell's test)
175 and eigenvalues of ≥ 1 . Cronbach's alpha was used to establish internal consistency of final
176 factors; an alpha of 0.7-0.9 was considered good.²³ Effect of item removal was also tested
177 (*i.e.*, that item deletion did not result in improvement of alpha for the remainder). A
178 minimum of three items were retained per factor.²⁴ Using the same method, EFA was
179 independently repeated for the short-form questionnaire data from survey 3.

180

181 Item means were compared by gender, and for new graduate versus experienced
182 veterinarians (*i.e.*, survey 2 versus survey 1+3 combined) by independent Student's *t*-tests.
183 Correlations between factor subscales were determined by Pearson's correlation coefficient
184 from the combined (surveys 1-3) sample, and also correlations against the global satisfaction
185 and motivation measures where included (surveys 1 and 2). The effect of demographic
186 factors (age, gender, practice type) on factor subscales was tested by multivariate general
187 linear regression with age in years as a covariate. Practice type was categorised into small
188 animal practice, large animal practice (including production animal, equine and mixed
189 practice), and non-clinical work (government, industry, academia, research, etc.). The
190 treatment of Likert ratings as interval data and the use of parametric tests followed Rattray
191 & Jones²³ and Norman²⁵ who found these tests robust to violations of assumptions. *P*-values
192 of <0.05 were considered statistically significant.

193

194

195 **RESULTS**

196

197 Across the three surveys, 1081 participants provided sufficiently complete responses for
198 inclusion; 69% of all respondents were female. The mean (median) age of respondents was
199 43.6 (43.0) years in survey 1 ($N=305$), 25.6 (24.0) years in new graduate survey 2 ($N=53$), and
200 45.5 (43.0) years in survey 3 ($N=751$). In the first survey the nationality or location of
201 respondents was not known, but most were graduates of Australian veterinary schools, with
202 a minority from schools in the UK and Europe (13%), USA (4%), New Zealand (2%) and
203 elsewhere ($<1\%$). In survey 3, nearly all respondents were registered in Australia (98%),
204 though some were trained elsewhere including the UK and Europe (5%), New Zealand (2%),

205 and the USA (1%). Because of the open survey distribution via third parties, response rates
206 could not be calculated.

207

208 For the initial EFA, the Kaiser-Meyer-Olkin statistic (0.815) and Bartlett's sphericity test
209 ($P < 0.0005$) confirmed adequacy of sample size and correlation assumptions. Although
210 acceptable normality of data was confirmed for all items, some items showed some mild-
211 moderate skewness towards higher ratings. However, this was considered acceptable for
212 EFA which does not require strict assumptions of normality. EFA extracted 6-8 valid factors
213 at each stage of stepwise item reduction, which was performed in seven steps. The
214 predominant themes of factors transiently identified at each iterative step included: *animal*
215 *orientation, people orientation, love of challenge and learning, problem-solving, variety,*
216 *social contribution, vocational identity, job security/stability, and job opportunity.* Several of
217 these themes coalesced during stepwise item reduction to yield a final structure with 22
218 items loading to six factors: *social purpose, animal orientation, vocational identity, challenge*
219 *and learning, career affordances, and people orientation (Table 1).* These factors explained
220 70.4% of the variance. Cronbach's alpha coefficients indicated good internal consistency that
221 could not be improved by item deletion for most factors, albeit marginal for *career*
222 *affordances*, potentially indicating some heterogeneity in this construct. The item '*I want to*
223 *help people*' cross-loaded onto *people orientation* and *social purpose*, but was retained in
224 *people orientation* due to its high content validity. Identical factor structure and similar
225 internal consistency were found when EFA was repeated with the reduced 22-item
226 questionnaire in survey 3.

227

228 *TABLE 1 NEAR HERE*

229

230 A number of highly-rated items eliminated during the EFA aligned to the intrinsic motivation
231 subtypes of the AMS, for *knowledge ('I am interested in the science (biology, physiology,*
232 *medicine)', 4.30±0.86), for achievement ('I like achieving good outcomes for patients',*
233 *4.38±0.80; 'I like achieving good outcomes for clients', 4.22±0.79) and for stimulation ('It is*
234 *an interesting job', 4.22±0.76; 'I find veterinary work stimulating', 4.07±0.87).* While
235 consistent with theories of motivation, these items failed to load with the final factors.

236

237 The most highly rated items in the final derived questionnaire (**Table 1**) comprised the
238 *animal orientation* and *challenge and learning* factors, while the lowest rated items were in

239 *career affordances*. Items in *vocational identity* had the most variable responses (*i.e.*, highest
240 standard deviation), with over a quarter of respondents rejecting (*i.e.*, score 1 or 2) the
241 statements '*I've always wanted to be a veterinarian*' and '*It is all I've ever wanted to be*'.
242 Item ratings in the new graduate cohort (survey 2) were significantly higher compared to
243 more experienced veterinarians for multiple items, but significantly lower for two items
244 within *vocational identity* ('*I've always wanted to be a veterinarian*' and '*It was a childhood*
245 *dream to become a veterinarian*') and the item '*It provides a decent income*'. Item ratings by
246 female respondents were higher compared to males for all items in the *vocational identity*
247 and *animal orientation factors*, but significantly lower for '*It provides a decent income*' and
248 '*There are lots of career opportunities as a veterinarian*'. These gender effects were
249 confirmed at subscale level by multivariate regression (**Table 2**). Respondent age was
250 positively correlated with subscale scores for *vocational identity*, *challenge and learning*,
251 *people orientation*, and *social purpose*. Compared to small animal practice, large animal
252 practice was positively associated with higher subscale ratings for *challenge and learning*.
253 Compared to clinical (small animal and large animal) practice, non-clinical practice was
254 associated positively with motivations in *challenge and learning*, *social purpose* and *career*
255 *affordances*, and negatively with *people orientation*.

256

257 **TABLE 2 NEAR HERE**

258

259 Bivariate correlations between subscales (**Table 3**) showed that while all correlations were
260 statistically significant, *vocational identity* correlated most strongly with *animal orientation*,
261 while the *people orientation*, *social purpose* and *career affordances* subscales correlated
262 most strongly with each other. While all factor subscales were significantly correlated with
263 the global motivation and global satisfaction items included in surveys 1 and 2 (treated as
264 respective global estimates), the *vocational identity* and *animal orientation* subscales were
265 found to correlate mostly weakly with these global measures. Cronbach's alpha values for
266 the global motivation and global satisfaction measures were 0.72 and 0.88 respectively.

267

268 **TABLE 3 NEAR HERE**

269

270

271 **DISCUSSION**

272

273 This study aimed to develop and provisionally validate a veterinary career motivations
274 questionnaire, in order to survey the quality of motivations (*i.e.*, subtypes or patterns of
275 motivation, rather than general level of motivation) underpinning veterinary career choices.
276 The breadth and factorial pattern of the motivations included in the final derived instrument
277 generally support the motivational taxonomy and conclusions of the precursor exploratory
278 study by Cake *et al.*,⁹ namely that there are multiple strong motivations for veterinary work
279 including, but clearly not limited to, early vocational identity and affinity for animals. This
280 only partially supports the predominant view from earlier literature, that the major
281 veterinary career motivations are a strong sense of vocational identity¹⁻⁶ developed
282 alongside a love of animals.^{1-4,7} While *vocational identity* was indeed found to be correlated
283 with *animal orientation* and endorsed as a career motivation by a large subset, identity-
284 based motivations were rejected by over a quarter of respondents and rated significantly
285 lower by younger and recently graduated veterinarians. This suggests that vocational
286 identity forms a relatively stronger motivation for older veterinarians; alternatively this may
287 possibly indicate a generational shift in the importance of formative/childhood experiences
288 as motivations for pursuing veterinary careers. Motivations formed around *vocational*
289 *identity*, and to a lesser extent *animal orientation*, were also found to have the weakest
290 correlation to global motivation and satisfaction, subject to the caveat that these simple
291 global estimates were unvalidated.

292

293 By contrast, motivations based in *challenge and learning* (*e.g.*, love of learning and problem-
294 solving) were found to be among the highest rated, most universal, and most influential (*i.e.*,
295 most strongly correlated to global motivation and satisfaction). This aligns with the
296 conception of Armitage-Chan *et al.*²⁶ of the veterinary professional as one who navigates
297 challenges and solves problems in order to help animals, people and society. Results also
298 suggest that motivations in *challenge and learning* may become increasingly important for
299 older veterinarians, and are positively associated with career choices in large animal and
300 non-clinical practice. Motivations comprising *animal orientation* were also highly rated, in
301 line with previous literature^{1-5,7,9} and as might be expected in predicting why intelligent,
302 medically-minded people might choose to pursue veterinary rather than human healthcare.
303 Since many veterinary entrants might potentially have also satisfied entry requirements for
304 medical or paramedical courses, they may have already decided significant life choices based
305 on their stronger motivations for animal versus human care. Importantly though, *animal*
306 *orientation* motivations should not be viewed as inversely correlated with human-oriented

307 or social motivations, since these were instead found to be (weakly) positively correlated.
308 While motivations around *people orientation* and *social purpose* may become more
309 important with age and experience as suggested by Cake *et al.*,⁹ *animal orientation*
310 motivations apparently remain very strong across veterinary careers. In line with prior
311 literature,^{3,15,27-30} extrinsic motivations here comprising *career affordances*, particularly '*It*
312 *provides a decent income*', were found to be comparatively less important, except perhaps
313 for those pursuing non-clinical careers. This adds to already comprehensive evidence that
314 veterinarians are not strongly motivated by financial gain,³¹ a point noted as being
315 potentially at odds with the status of many veterinarians as fee-for-service providers within
316 small businesses.³²

317

318 As predicted from previous studies^{2,3,5,7,10} gender significantly influenced the pattern of
319 veterinary career motivations, with female respondents rating *vocational identity* and
320 *animal orientation* more highly, and some aspects of *career affordances* (income,
321 opportunities) lower. This closely aligns to various reports that female veterinary students
322 are more likely to indicate a love of animals,^{3,5,7,10} a sense of vocational identity^{5,11} and
323 concern for animal welfare,^{2,5,10} while male students are more likely to be attracted to the
324 profession by potential income^{5,10} or status.^{5,7,11} Similar patterns have been reported for the
325 academic motivations of medical students, with females higher in intrinsic motivation
326 subscales, while males are more extrinsically motivated.^{19,33} However gender effects were
327 notably absent in surveys of French and Belgian students using a comparable instrument the
328 Veterinary Motivation Test,²⁰ suggesting a difference in either that sample population, or
329 the items and subscale structure of that questionnaire.

330

331 Cake *et al.*⁹ found that the stated motivations of newly graduated veterinarians included
332 multiple intrinsic and extrinsic motivations as defined by SDT,¹⁸ but that this dichotomy was
333 somewhat forced, for example in splitting the love of animals (intrinsic) from the desire to
334 reduce animal suffering (extrinsic). Such motivations comprised a single factor in the present
335 study, supporting the internalised, autonomously-regulated nature of motivations based in
336 helping animals and people. Similarly while intrinsic motivations for learning,
337 accomplishment and stimulation were strong, these did not resolve into distinct factors as in
338 some academic motivation scales.^{19,20,34} Rather, the factors resolved in this study reflected
339 more the *subject* of the motivations (*i.e.*, animals, people, society or self). Nevertheless, the
340 motivations broadly aligned with SDT macrotheory in reflecting fundamental needs for

341 competence (*challenge and learning*), relatedness (*people orientation*), and autonomy (in
342 the sense of personally congruent and meaningful purpose). Motivations that are intrinsic or
343 autonomously-regulated in the SDT continuum are predictive of positive psychological
344 outcomes.^{18,35} These findings again demonstrate the potential alignment of veterinary
345 career motivations with known sources of work satisfaction,¹⁴⁻¹⁶ job characteristics
346 associated with positive outcomes,³⁰ and predictors of eudaimonic wellbeing (*i.e.*, wellbeing
347 based in self-actualisation and meaningful fulfillment)^{18,36} as outlined conceptually by Cake
348 *et al.* (2015).¹⁴ For example, motivations based in helping others (animals, people) align to
349 the elements of meaning or purpose prominent in the models of wellbeing used in positive
350 psychology.^{14,36}

351

352 This study provisionally established the validity of a 22-item questionnaire measuring the
353 quality of veterinary career motivations. Content validity was established since the items
354 were derived from authentic responses, and matched key predictors of motivation and work
355 satisfaction identified in the literature.^{14,30} Construct validity was demonstrated by the
356 stability of factor structure across multiple cohorts, and by sensitivity and specificity at
357 subscale level to known gender differences predicted from previous studies, as well as other
358 demographic factors. Convergent validity was demonstrated by correlation with global
359 estimates, though the unvalidated and *ad hoc* nature of these global measures is
360 acknowledged. However, this questionnaire should not be considered to be fully validated
361 and cautious use is recommended with further validation in other contexts. Several
362 limitations of this study are acknowledged. Like the AMS, the instrument measures the
363 quality or type of motivation, and has not been validated as a measure of strength of
364 motivation. The sample population was mainly Australian, hence the findings and
365 questionnaire validity may not be generalisable to other cultural contexts. All measures
366 were self-reported, and subject to possible bias such as social desirability or evaluator
367 apprehension bias. Some skewness of ratings towards the maximum may have affected
368 analyses, although EFA, alpha coefficients³⁷ and the parametric statistics applied to ordinal
369 Likert scales are generally considered robust to non-normality.^{23,25} Future use of a 7-point
370 scale may resolve skewness towards maximal scores. Inter-item correlations and alphas for
371 *vocational identity* were high, indicating likely redundancy in the three retained items; one
372 of these items could be safely removed, or this subscale omitted if not a variable of interest
373 in future studies.

374

375

376 **CONCLUSION**

377

378 This study provides fresh insights into the career motivations of veterinarians, which are not
379 well studied beyond veterinary student studies and scant data on job satisfaction.^{6,14-16}

380 Cross-sectional surveys using a provisionally validated veterinary career motivations
381 questionnaire confirmed that there are multiple strong motivations for veterinary work,
382 beyond the early vocational identity and love of animals typically stated in existing
383 literature. Rather, the major motivations for pursuing a veterinary career may best be
384 represented as an intrinsic passion for animal care and for learning through solving varied
385 challenges. People- and community-oriented social purpose are also important motivations,
386 which may become stronger in older, experienced veterinarians.

387

388 These findings have implications for educational and workplace interventions around the
389 work satisfaction and wellbeing of veterinarians. Veterinary career motivations should not
390 be viewed as one-dimensional or fixed by prior experiences. Rather, they are broad and
391 multifactorial and vary between different people, most notably in distinct gender differences
392 but also for veterinarians pursuing different career paths. A strong sense of vocational
393 identity is expressed by many veterinarians but is not necessary or predictive. Importantly,
394 the career motivations of veterinarians are shown to be largely intrinsically oriented and
395 autonomously regulated, thus likely to be supportive of work satisfaction and wellbeing. This
396 points to the value of appreciating and enabling the motivations underpinning veterinary
397 work. Raised awareness and facilitation of an individual's particular set of motivations
398 potentially supports the fulfillment and satisfaction they gain from work, with positive
399 effects on mental health and wellbeing as well as flow-on benefits to work engagement and
400 performance.^{18,30} The veterinary career motivations questionnaire developed and
401 provisionally validated in this study may facilitate awareness by providing insights into the
402 motivation patterns of individuals and demographic groups.

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417 **COMPETING INTERESTS**

418 None declared

419

420 **ETHICS APPROVAL**

421 This study was approved by the University of Adelaide Human Research Ethics Committee
422 (H-2015-257, H-2016-206, H-2017-073)

423

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Table 1: Items of the final veterinary career motivations questionnaire with subscale reliability (Cronbach’s alpha) and factor loadings from exploratory factor analysis, mean ratings (max.=5) by career stage cohort and gender, and percentage agreement (*i.e.*, score 4-5/5).

	Survey sample N=	alpha		Loading		Experienced 1,3 1057	Mean (SD)		% agree 1-3 1110	
		1,2 359	3 751	1,2 359	3 751		New grad. 2 53	Males 1-3 341		Females 1-3 768
<i>I am motivated to be a veterinarian because...</i>										
Vocational Identity		0.94	0.87							
I’ve always wanted to be a veterinarian				0.94	0.85	3.93 (1.27)	3.42 (1.34)**	3.57 (1.36)	4.05 (1.21)**	69
It was a childhood dream to become a veterinarian				0.93	0.88	3.63 (1.51)	3.17 (1.58)*	3.10 (1.51)	3.84 (1.46)**	60
It is all I ever wanted to be				0.89	0.87	3.39 (1.42)	3.00 (1.43)	2.98 (1.63)	3.55 (1.41)**	52
Challenge & Learning		0.75	0.87							
I like the challenge of veterinary work				0.78	0.73	4.09 (0.85)	4.26 (0.83)	4.16 (0.84)	4.08 (0.86)	78
I like learning new things				0.76	0.68	4.46 (0.70)	4.70 (0.50)*	4.44 (0.68)	4.49 (0.69)	91
I like solving problems				0.64	0.66	4.40 (0.69)	4.60 (0.63)*	4.44 (0.69)	4.40 (0.69)	89
I like the variety of veterinary work				0.47	0.58	4.05 (0.81)	4.42 (0.75)**	4.07 (0.81)	4.07 (0.82)	78
Animal Orientation		0.85	0.89							
I like working with animals				0.82	0.76	4.40 (0.75)	4.58 (0.66)	4.20 (0.84)	4.51 (0.69)**	88
I want to help animals				0.81	0.82	4.27 (0.81)	4.53 (0.67)*	3.98 (0.87)	4.41 (0.75)**	84
I like interacting with animals				0.77	0.86	4.37 (0.76)	4.75 (0.52)**	4.12 (0.82)	4.51 (0.69)**	88
I love animals				0.70	0.81	4.14 (0.96)	4.57 (0.75)**	3.74 (1.05)	4.35 (0.85)**	77
I want to prevent animal suffering				0.63	0.54	4.19 (0.91)	4.57 (0.64)**	3.93 (0.98)	4.33 (0.84)**	81
People Orientation		0.82	0.76							
I like working with people				0.85	0.87	3.61 (1.00)	3.75 (1.04)	3.68 (1.00)	3.59 (0.99)	57
I like interacting with clients				0.83	0.85	3.57 (1.05)	3.87 (1.06)*	3.63 (1.08)	3.56 (1.03)	58
I want to help people				0.64	0.61	3.79 (0.95)	4.08 (1.00)*	3.74 (0.94)	3.84 (0.96)	65
Social Purpose		0.84	0.83							
I want to contribute to society				0.91	0.77	3.95 (0.94)	4.26 (0.96)*	3.90 (0.95)	4.00 (0.93)	72
I can make a difference to society				0.76	0.82	3.60 (0.99)	4.11 (0.99)**	3.61 (1.04)	3.63 (0.97)	55
I can contribute to the community				0.69	0.87	3.75 (0.94)	4.02 (1.11)*	3.79 (0.93)	3.75 (0.96)	62
Career Affordances		0.71	0.63							
It provides a decent income				0.70	0.61	3.01 (1.11)	2.58 (1.01)*	3.23 (1.11)	2.87 (1.08)**	33
It is a respected profession				0.60	0.42	3.48 (1.01)	3.70 (1.03)	3.54 (1.06)	3.47 (0.98)	53
There are lots of career opportunities as a veterinarian				0.59	0.55	3.26 (1.10)	4.00 (0.88)**	3.52 (1.14)	3.20 (1.07)**	44
It offers job security				0.54	0.59	3.57 (1.03)	3.49 (1.03)	3.63 (1.08)	3.54 (1.00)	57

Independent *t*-test * *P* < 0.05, ** *P* < 0.005

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524 **Table 2:** Multiple linear regression analysis (unstandardised β coefficient estimates) for the effect of demographic factors within motivation subscales, including
 525 practice with a large animal component (*i.e.*, production animal, equine, or mixed practice; $N=249$) and non-clinical practice (*i.e.*, industry, government, research,
 526 academia; $N=148$). Statistically significant effects are highlighted in bold.
 527

Factor	Age			Gender			Practice type						Model
	β	Years	P	β	Female	P	Large animal			Non-clinical			
		F			F		β	F	P	β	F	P	R
Vocational Identity	0.025	50.90	0.031	2.053	4.65	<0.001	-0.163	0.318	0.573	-0.404	1.32	0.573	0.23
Challenge & Learning	0.020	2.17	0.004	0.258	8.34	0.141	0.398	5.09	0.024	0.539	6.34	0.012	0.14
Animal Orientation	0.019	84.47	0.052	2.222	3.79	<0.001	-0.505	4.30	0.052	-0.181	0.38	0.539	0.30
People Orientation	0.033	2.18	<0.001	0.289	17.5	0.140	-0.028	0.02	0.888	-0.490	4.21	0.040	0.14
Social Purpose	0.020	3.69	0.008	0.366	6.98	0.055	0.044	0.05	0.818	0.959	16.99	<0.001	0.17
Career Affordances	0.016	7.47	0.080	-0.610	3.07	0.006	0.239	1.13	0.288	1.084	15.80	<0.001	0.19

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Table 3: Bivariate correlations between motivation subscales ($N=1108$) and global correlates (†survey 1 and 2 only, $N=352$).

	1	2	3	4	5	6	7
1. Vocational Identity	-						
2. Challenge & Learning	0.170**	-					
3. Animal Orientation	0.407**	0.292**	-				
4. People Orientation	0.107**	0.361**	0.182**	-			
5. Social Purpose	0.118**	0.369**	0.263**	0.582**	-		
6. Career Affordances	0.071*	0.352**	0.155**	0.380**	0.425**	-	
7. Global Motivation†	0.130*	0.535**	0.264**	0.418**	0.429**	0.395**	-
8. Global Satisfaction†	0.183**	0.546**	0.255**	0.433**	0.387**	0.440**	0.819**

532 Pearson's correlation * $P < 0.05$, ** $P < 0.005$.